MARCH 2024

# PRAYER DIARY

PRISON FELLOWSHIP SCOTLAND

They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

Acts 2:42



# 1st - 6th March

#### Friday 1st March

Today is Self-Injury/Harm Awareness Day. Pray for all the people in prison who struggle with this. Pray for comfort and peace for them, and that they will get the support they need.

## Saturday 2nd March

Pray for the families of those in prison who are missing them at this time. Pray for the different organisations that run the family contact centres in each prison and for the support that they give.

# **Sunday 3rd March**

Pray for HMP Barlinnie as they host their Mental Health and Wellbeing Spring Fling. Pray that it goes well and helps those who attend the different events.

# **Monday 4th March**

Give thanks for all our volunteers and supporters at Prison Fellowship Scotland. Pray for protection and guidance as they continue doing the work they do.

# **Tuesday 5th March**

Our Sycamore Tree course starts in HMP Polmont today. Pray for all those who will attend and the leaders. Pray it will be a safe environment for people to learn together and that it will change lives.

# **Wednesday 6th March**

Today is the final day of the 50th Sycamore Tree course in HMP Low Moss led by our faithful volunteers Margaret, Edith, Alison and Marjorie. Give thanks for these volunteers and pray for the men who are graduating, and that they will leave this course changed.

She is clothed with strength and dignity; she can laugh at the days to come. Proverbs 31:25



# 7th - 13th March

#### Thursday 7th March

Pray for John as he continues to write funding applications. Pray for wisdom and guidance. Pray also that people will be receptive and respond well to the work we do and want to give.

#### Friday 8th March

Today is International Women's Day. Give thanks for all the women working and volunteering in prisons in all capacities. Pray for all the women in prison too. Pray for support, and networks of help around them.

#### Saturday 9th March

PFS is taking a Sunday worship service in HMP Edinburgh tomorrow. Pray for the team leading this service and for the men who will attend, that their lives will be impacted by the message shared.

#### Sunday 10th March

Today is Mother's Day. Pray for those who have a mum in prison today. Pray they will find comfort and support. Pray also for all those in prison who are missing their mums or who may have lost their mums while in prison. Pray they will find comfort and peace and will have support around them.

## **Monday 11th March**

Give thanks for the Monday night Prison Fellowship volunteers in HMP Low Moss, led by Al and Gina Lightbody. Due to change of timings in the prison routine this Monday night group is on hold. Pray that it will soon be able to restart.

#### Tuesday 12th March

Pray for the prison officers who deal with people in custody. Each person has different needs, and everybody's story is different, pray for the officers as they deal with this and respond accordingly.

## Wednesday 13th March

Continue to pray for the issues of overcrowding in the prisons. Pray specifically for the issues this creates for prisoners and the staff. Pray for protection and a solution.



# 14th - 20th March

#### **Thursday 14th March**

Sycamore Tree ends in HMP Kilmarnock today. Give thanks for the men who attended and pray that there will be a long-lasting impact on their lives.

#### Friday 15th March

Pray for D as he has come through multiple traumas in his life and is now ready for a fresh start and to move forward receiving healing and letting God into his heart.

## Saturday 16th March

Over this weekend HMP Kilmarnock transfers to being run by SPS from Serco (a private company). Pray for staff and prisoners in this time, and that it would be a smooth and helpful transition and for minimum disruption to prison routine.

#### Sunday 17th March

Pray for people in prison suffering from PTSD and other mental health issues and that they will get the necessary help that they require.

#### **Monday 18th March**

Give thanks for the teams of volunteers in HMP Castle Huntley, and in Bella (the women's Community Custody Unit in Dundee). They are greatly appreciated by the prisoners. Pray for wisdom for the chaplains, and vision for the future, and pray for the prisoners as they prepare for release with all the uncertainty that involves.

#### Tuesday 19th March

Sycamore Tree begins in HMP Stirling today. Give thanks for this opportunity and pray for the women who will attend. Pray that the course will have a long-lasting impact on them.

#### Wednesday 20th March

Pray for an increase in monthly donations for Prison Fellowship Scotland, through individuals and churches. Give thanks to all who have donated already. Pray this will grow. John answered,
"Anyone who
has two shirts
should share
with the one
who has none,
and anyone who
has food should
do the same."

**Luke 3:11** 







# 21st - 26th March

#### **Thursday 21st March**

Pray for the chaplaincy team in HMP Edinburgh as they continue to run the Alpha course. Pray that the men who attend will feel safe and be able to ask the questions they want to.

#### Friday 22nd March

Pray for all those in prison who have lost loved ones on the outside – chaplains are seeing a lot of men struggling with grief and the separation from their families at this time. Chaplains always try to ensure that men can commemorate their loved ones in a meaningful way, but it is never easy. Pray they will know some peace and comfort and be able to open up to those who would help.

#### Saturday 23rd March

Today is one of our volunteer training days that are run jointly with the SPS. Give thanks for this opportunity to be together and pray for all those that will be attending that they will find it useful.

#### Sunday 24th March

Pray for continual strength to be given to the chaplaincy teams across the establishments, especially as we head towards Easter.

#### **Monday 25th March**

This week is Debt Awareness Week. Pray for all those impacted by imprisonment who are also impacted by debt and the consequences of this. Pray they will get the help they need to get out of their debt and see a brighter future.

# Tuesday 26th March

Continue to pray for Sycamore Tree as we prepare to run it again in HMP Edinburgh and look for a team new to facilitate it.

'He will wipe every tear from their eyes.

There will be no more death'[a] or
mourning or crying or pain, for the old
order of things has passed away."



**Revelation 21:4** 



They found the stone rolled away from the tomb, 3 but when they entered, they did not find the body of the Lord Jesus.

Luke 24:2-3

# 27th - 31st March

#### Wednesday 27th March

Give thanks for the Fellowship Group meeting in HMP Shotts tonight. Pray for the leaders, and all those attending. Pray it will be an important night where the men can learn and grow in their faith journeys.

## **Thursday 28th March**

Sycamore Tree ends in HMP Perth today. Give thanks for the volunteers who have facilitated the course, and the growing opportunities in this prison. Pray that the men who attended will have been impacted by what they have learned.

## Friday 29th March

Today is Good Friday. Give thanks for the importance of this day, and all Jesus did for us on the cross. Pray for all those in prison who are looking for meaning in life. Pray they will know they are not alone, and that God loves them – so much He gave His only Son.

#### Saturday 30th March

HMP Low Moss hopes to hold an ecumenical Easter Sunday Service tomorrow, led by Eddie McDonald and Fiona Morrison. As the Low Moss services are usually on a Monday and Friday this will be a change for the men and the routine of the prison. Pray for the organisation that needs to go into the service and for good staffing levels to allow it to happen.

# Sunday 31st March

Today is Easter Sunday! Pray Easter brings the opportunity again for people in prison to hear the Good News story of Christ and the chance for new life and new beginnings for those in prison.

